

A study on Needle free injection systems

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Abstract—

Needle free injection systems are innovative ways to introduce a variety of medicines in patients without piercing the skin with a traditional needle. These systems work by the mechanism in which liquid medication is forced at an elevated speed through a small orifice that is held against the skin. Due to this an ultrafine stream of high pressure fluid is created, that penetrates the skin devoid of the use of a needle, thus faster administration of drug occurs as compared to conventional needles. Needle free systems are designed to solve the problems created due to conventional needles making them safer, less expensive, and more suitable. It is expected that these systems will augment the rate of vaccination and reduce the amount of antibiotics prescribed. Moreover, they should decrease the occurrence of needle stick accidents that have been seen in some health care workers contracting diseases. Today, they are an increasingly rising technology that promises the administration of medicine efficient with reduction of pain. Companies are not only working on developing technologies that are safer and easier to use, but also on alternatives which can deliver more types of medicines.

Keywords: Needle Free, Injection, Drug delivery, Technology.

I. INTRODUCTION

The first hypodermic syringes were first developed by French surgeon, Charles Gabriel Pravaz, in 1853, although there is a minor development in syringes since then, the technology has been remained unchanged for last 150 years. Needle-free systems were first described by Marshall Lockhart in 1936 in his patent jet injection. Then in the early 1940's Shigson and others developed high pressure "guns" using a fine jet of liquid to pierce the skin and deposit the drug in underlying tissue. These devices were used extensively to inoculate against infectious diseases and were later applied more generally in large scale vaccination program. Today, they are a steadily developing technology that promises to make the administration of medicine more efficient and less painful.

The term needle free is used to describe an extensive range of drug delivery technologies, which consists of technologies that do not have a needle but make use of

electrophoresis to drive drugs through the skin, technologies that use one or more very small needles, but needles nevertheless (Micro needle drug delivery system). Needle free devices can take the form of power sprays, edible products, inhalers, and skin patches. Devices are available in reusable and disposable forms, for home or physicians office use, and also in versions for multiple patients and institutional uses. This technology avoids various disadvantages that are associated with needle use:

- The risk of cross contamination from needle stick injury
- Under or overdosing which results in poor injection technique in patients
- Needle phobia
- Injection site pain
- Poor compliance resulting in long term worsening of conditions
- Increased costs due to patients visiting the hospitals for injections

II. STRUCTURE OF HUMAN SKIN

Human skin is generally made of two layers i.e., the epidermis and dermis.

Epidermis

It is the external layer of the skin which is mainly composed of various layers of keratinocytes, melanocytes, Langerhans cells and Merkel cells. It acts as a physical and chemical barrier between the body and external environment. The epidermis is stratified squamous epithelium in nature. It has four layers:

1. Stratum basale
2. Stratum spinosum
3. Stratum granulosum
4. Stratum corneum

Dermis It is the area of supportive connective tissue between the epidermis and subcutis. The dermis mainly consists of sweat glands, hair roots, nerve cells and fibers, blood and lymph vessels. It is mainly composed of a thin papillary and thicker reticular layer. Its main function is to protect the body from stress and strain. A sense of touch and heat is provided by the mechanoreceptors harbored by the dermis.

Hypodermis

It is the layer of loose connective tissue and fat that lies beneath the dermis. Its role is to put together the skin and underlying bone and muscle and supply it with blood vessels and nerves .

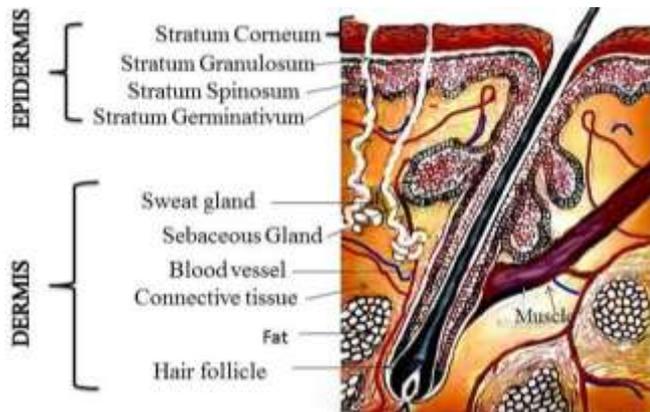


Fig. 1: Structure Of Human Skin

III. APPLICATIONS OF NEEDLE FREE INJECTION TECHNOLOGY

1. Mass immunizations such as measles, smallpox.
2. Intraject (Weston medical) technology is used to deliver drugs which consist of proteins, peptides, monoclonal antibodies, small molecules and vaccines.
3. Powderject (Powderject pharmaceuticals) technology is used to deliver inulin to hairless guinea pigs, delivery of large macromolecules across the skin, for intradermal DNA immunization against influenza virus in mice.
4. Jet injectors technology delivers proteins such as β -interferon as well as small organic conventional therapeutic agents such as lidocaine (lignocaine) for local anaesthesia.
5. The Disposable Syringe Jet Injector (DSJI) Project is supporting clinical research on the delivery of vaccines with jet injectors. Current research work includes following applications

IV. COMPONENTS OF THE NEEDLE FREE INJECTION SYSTEMS

1. Nozzle

The nozzle has two significant functions; it acts as the passage for the drug and as the surface which contacts the skin. The nozzle contains a flat surface and an orifice. The nozzle provides the surface which comes in contact with the skin and the orifice which the drug passes through when injected. The orifice controls the drug stream diameter and speed. A stream diameter of approximately 100 μ m and traveling at 100 m/s can achieve the desired injection depth of 2 mm .

2. Drug reservoir

The drug volume holds the injection fluid inside the device .

3. Pressure source

The energy source provides the essential driving energy to the drug for injection. Many of the devices in the market use either mechanical or stored pressure as energy storage elements. The mechanical method stores energy in a spring which is released by pushing a plunger to provide the necessary pressure. The pressure storage method uses compressed gas in a vessel which is released at the time of injection .

V. TYPES OF NEEDLE FREE INJECTION DEVICES

Needle-free injection devices can be divided into 2 types based on the source of power:

1. Spring-Powered: Compact and lower cost, but suffer from limited range of force and reduced versatility. Spring-powered devices have been primarily used for subcutaneous administration of drugs .
2. Compressed Gas-Powered: Sustained force of generation, greater flexibility, and the ability to deliver larger volumes

VI. NEEDLE VS. NEEDLE-FREE INJECTION SYSTEMS

To review needle vs. needle-free injection systems and describe the different types of needle-free injection systems.

a) Needle vs. Needle-free Injection

Cost Efficiency Needle-free injection systems can potentially reduce medical costs for the pork producer because the chance of injury to an employee from inadvertent needle sticks is eliminated. Needle-free systems also eliminate the purchase of needles. Needle breaks, which can damage tissue and cause a decrease in overall yield and profitability, are also therefore eliminated. However, the start-up costs associated with needle-free injection systems can be large. Pork producers should weigh the costs and benefits to these systems before adapting new technology.

b) Worker Safety:

Safety is a key ingredient to any pork operation. Employees must be properly trained on the use and maintenance of all equipment. Needle injection can be dangerous due to inadvertent needle sticks or cuts. However, needle-free injection is not 100% safe. Needle-free systems are designed for a high force dose to be administered very quickly and should only be used with proper training. These systems do offer a limited amount of risk to the operator, if properly trained, and exclude the possibility of needle sticks and cuts.

c) Sterility

Sterility is a key factor to proper vaccination and drug delivery. Sterility can be affected by human error. For example, the same needle may be used on multiple animals. Workers may forget to change needles when drawing vaccine from a bottle. Needle-free injection takes the needle out of the equation, and due to the high powered dosing mechanism, there is a little to no chance of cross contamination.

d) Pork Safety

The use of needles, along with human error, may also cause pork carcass defects. If needles are disposed of correctly or dropped after use there is always a possibility of an animal ingesting the needle or being stuck in an unassuming place. Needle-free injection systems eliminate residual needles and needle fragments from pork carcasses¹. The Pork Quality Assurance (PQA) Plus program recommends that all producers have a broken needle policy in place².

e) Proper Dosage

Injection site is a crucial element in making sure that a proper dosage is received by the animal. A needle injection provides many unknown variables that can prevent proper dosing and in turn create havoc in your vaccination program.

Proper dosing is highly dependent on many factors. Among these factors are the size and age of the pig and the recommended route of administration. Different methods of administration such as subcutaneous (SQ) or intramuscular (IM) are very important in guaranteeing quality vaccination. If a vaccine or drug is not administered accordingly the effectiveness of the drug and the withdrawal time are altered. Incorrect injection sites in both needle and needle-free injection can impair pork safety.

f) Injection Methods

Subcutaneous injections in small pigs should be given by pulling loose skin in the elbow or flank area. This technique is called tenting. In sows, the area just behind the ear is an acceptable site for SQ injection. Intramuscular injection is conventionally administered in the neck just behind the ear. IM injection anywhere else is not acceptable because it will compromise pork safety and it should never be injected in the loin or ham muscles.

VII. THE MANUFACTURING PROCESS

There are numerous methods of producing each needle-free injection system. The following process focuses on the production of an air-forced system. These systems are made through a step by step procedure which involves molding the pieces, assembling them, and decorating and labeling the final product. The individual pieces are typically produced off-site and assembled by the needle free injection system manufacturer. All of the manufacturing is done under sterile conditions to prevent the spread of disease.

1. Making the pieces

a) The first step requires the production of the component plastic pieces from plastic pellets. This is done by a process called injection molding. Pellets of plastic are put into a large holding bin on an injection molding machine. They are heated to make them flowable.

b) The material is then passed through a hydraulically controlled screw. As the screw rotates, the plastic is directed through a nozzle which then injects it into a mold. The mold is made up of two metal halves that form the shape of the part when brought together. When the plastic is in the mold, it is held under pressure for a specified amount of time and then allowed to cool. As it cools, the plastic inside hardens.

c) The mold pieces are separated and the plastic part falls out onto a conveyor. The mold then closes again and the process is repeated. After the plastic parts are ejected from the mold, they are manually inspected to ensure that no significantly damaged parts are used.

2. Assembling and labelling

The parts are next transported to an assembly line. In this production phase various events occur. Machines apply markings that show dose levels and force measurements. These machines are specially calibrated so each printing is made precisely. Depending on the complexity of the device, human workers or machines may assemble the devices. This involves inserting the various pieces into the main housing and attaching any buttons.

3. Packaging

After the assembly step, the injection devices are put into packaging. They are first wrapped in sterile films and then put into cardboard or plastic boxes. Each part is packaged so movement is minimal to prevent damage. For consumer products, an instruction manual is included along with safety information. These boxes are then stacked on pallets and shipped via truck to distributors.

4. Quality Control

Quality control checks are done throughout the manufacturing process. Line inspectors check the plastic components to assure they conform to predetermined specifications. Visual inspections are the first test method, but measuring equipment is also used to check the dimensions including size and thickness. Instruments that can be used include laser micrometers, calipers and microscopes. Inspectors also check to make sure the printing and labeling is correct and that all the parts are included in the final packages.

Since these devices can have various safety issues, their production is strictly controlled by the Food and Drug Administration (FDA). Each manufacturer must conform to various production standards and specifications. Announced and unannounced inspections may occur to ensure that these companies are following good manufacturing practices. For

this reason detailed records must be kept related to production and design.

VIII. MECHANISM OF WORKING

Needle-free injection technology works by forcing liquid medication at high speed through a tiny orifice that is held against the skin. The diameter of the orifice is smaller than the diameter of a human hair. This creates an ultrafine stream of high-pressure fluid that penetrates the skin without using a needle. The design of the device has a major influence on the accuracy of subcutaneous delivery and the stresses imposed on the product to be delivered. The design must ensure that a sufficiently high pressure is generated to puncture the skin, while the subsequent pressure is reduced to ensure that the molecule is deposited comfortably at a level that does not reach the muscle tissue.

High-pressure delivery could potentially damage fragile molecules, such as monoclonal antibodies. Successful delivery of such molecules, therefore, requires a device with carefully controlled power nuances. Several companies are involved in development of this technology, which includes, Antares Pharma Inc, Aradigm Corporation, Bioject Medical Technologies Inc and Biovalve Technologies Inc.

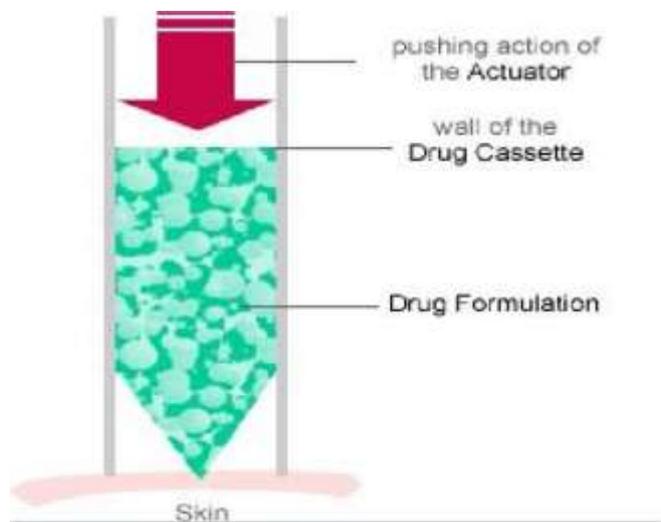


Figure 2: Mechanism of Working

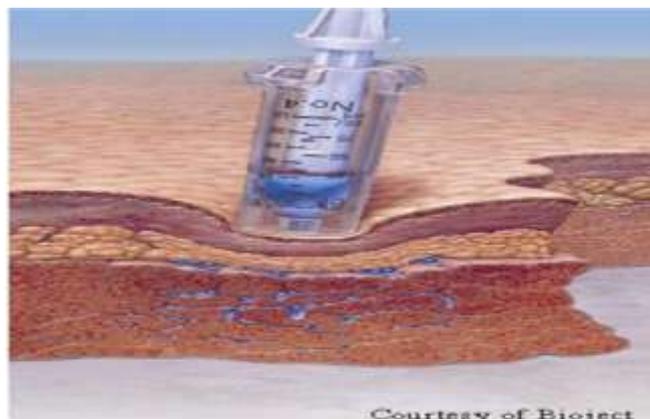


Figure 3: Injecting Medicament through Skin by Needle Free Injection

IX. THE FUTURE

Many of these needle-free alternative technologies are in the development stage. Companies are still working on producing devices that are safer and easier to use. They are also working on alternatives which can deliver even more types of medicines. Inhalers are being improved as are nasal sprays, forced air injectors and patches. In the future, other foods may be genetically enhanced to deliver vaccines and other drugs. These include foods like bananas and tomatoes. In fact, bananas are being looked at as carriers for a vaccine to protect against the Norwalk virus.

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